

(Sample #1)

# Emergency Action Plan Diabetes Healthcare

Student's Name \_\_\_\_\_ Grade \_\_\_\_\_

Address \_\_\_\_\_ Home Phone \_\_\_\_\_

Father/Guardian \_\_\_\_\_ Work Phone \_\_\_\_\_

Mother/Guardian \_\_\_\_\_ Work Phone \_\_\_\_\_

Other person to contact in an Emergency: Name \_\_\_\_\_

Address \_\_\_\_\_

Phone: Home \_\_\_\_\_ Work \_\_\_\_\_

Hospital Preferred \_\_\_\_\_

Physician(s) or Health Care Provider's Name \_\_\_\_\_

Phone \_\_\_\_\_

### Emergency items to be left at school:

Glucose tablets _____	Glucagon _____
Snacks _____	Blood glucose meter _____
Glucose Gel _____	Insulin _____
_____	Syringes _____
_____	Other _____

In the event of a low blood sugar response, the procedure routinely followed at school is: to give some form of sugar or carbohydrate, such as ½ carton of milk, ½ cup fruit juice or ½ cup non diet soda, followed by crackers with cheese. If the student is unconscious, "911" is called.

I approve the above health care action plan as written Yes \_\_\_\_\_ No \_\_\_\_\_

Please make the following changes to the health care action plan:

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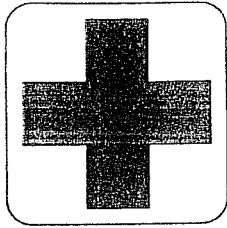
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(Sample #2)



# Health Services Department Emergency Plan DIABETES

In an emergency:

- 1) Stay with child.
- 2) Call / ask someone to call school \_\_\_\_\_ who will assess child and summon EMS if needed.

<u>IF YOU SEE THIS:</u>	<u>DO THIS:</u>
(Based on this child's current condition, a Medical Emergency for this child is:)	
<b>IF student is unconscious or not responsive</b> (Unable to treat self or is lethargic or stuporous)	<ul style="list-style-type: none"> <li>• CALL 911...Call Parents</li> <li>• DO NOT GIVE FLUIDS OR FOOD</li> <li>• Turn student to side</li> </ul>
<b>IF student is non-responsive</b>	<ul style="list-style-type: none"> <li>• Squirt _____ inside cheek closest to ground.</li> <li>• _____ is kept in _____.</li> <li>• Measure Blood Sugar with monitor (to be done by _____).</li> </ul>
<b>IF student is responsive</b>	<ul style="list-style-type: none"> <li>• Hypoglycemic Reaction: IF Blood Sugar reading is _____ or below, then give _____.</li> <li>• Hyperglycemia Reaction: Keep student walking or sitting and drinking water.</li> <li>• If Blood Sugar is &gt;300 mg/dl, student, school nurse or assigned person (identify: _____) should check urine for ketones.</li> </ul>

### IMPORTANT EMERGENCY NUMBERS:
