

# Sherwood Cass R-8

February  
2025

## MS/HS Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>3</b>	<b>4</b> Chicken Nachos & Canned Cheese Sauce Refried Beans Classic Cheeseburger Spicy Chicken Sandwich Homemade Cheese Pizza Homemade Pepperoni Pizza Chef Salad Salsa Canned Fruit Bar	<b>5</b> <b>HOM - Beet</b> Crispy Chicken Nuggets Whole Grain Dinner Roll Mashed Potatoes Gravy Classic Cheeseburger Spicy Chicken Sandwich Homemade Cheese Pizza Homemade Sausage Pizza Chef Salad Canned Fruit Bar	<b>6</b> Buffalo Chicken Dip Tortilla Chips Steamed Green Beans Classic Cheeseburger Spicy Chicken Sandwich French Fries Homemade Cheese Pizza BBQ Chicken Pizza Chef Salad Canned Fruit Bar	<b>7</b> Cheesy Italian Flatbread Steamed Corn Classic Cheeseburger Spicy Chicken Sandwich French Fries Homemade Cheese Pizza Homemade Pepperoni & Sausage Pizza Chef Salad Canned Fruit Bar
<b>10</b>	<b>11</b> Beefy Nachos w/Cheese Sauce  Choice of Taco or Nacho Refried Beans Classic Cheeseburger Crispy Chicken Sandwich Roasted Honey Cinnamon Chickpeas Red/Orange Vegetable Buffalo Chicken Salad Salsa	<b>12</b> Toasted Italian Cheese Sandwich Seasoned Brown Rice Mashed Potatoes Gravy Classic Cheeseburger Crispy Chicken Sandwich Homemade Cheese Pizza Homemade Sausage Pizza Buffalo Chicken Salad Canned Fruit Bar	<b>13</b> Fluffy Pancakes Sausage Patty Tator Tots Classic Cheeseburger Crispy Chicken Sandwich Homemade Cheese Pizza Breakfast Pizza Buffalo Chicken Salad Canned Fruit Bar Fresh Fruit Bar	<b>14</b> <b>HOM - Pear</b> Chicken Bacon Alfredo Flatbread Steamed Corn Classic Cheeseburger Crispy Chicken Sandwich French Fries Homemade Cheese Pizza Red/Orange Vegetable Buffalo Chicken Salad Canned Fruit Bar Fresh Fruit Bar
<b>17</b>	<b>18</b> Beef Taco Salad Refried Beans Classic Cheeseburger Spicy Chicken Sandwich Homemade Cheese Pizza Homemade Pepperoni Pizza Crispy Chicken Salad Salsa Canned Fruit Bar Fresh Fruit Bar	<b>19</b> BBQ Chicken Legs Seasoned Brown Rice Mashed Potatoes Gravy Classic Cheeseburger Spicy Chicken Sandwich Homemade Cheese Pizza Homemade Sausage Pizza Crispy Chicken Salad Canned Fruit Bar Fresh Fruit Bar	<b>20</b> Frito Chili Pie Steamed Green Beans Classic Cheeseburger Spicy Chicken Sandwich French Fries Homemade Cheese Pizza Buffalo Chicken Pizza Crispy Chicken Salad Canned Fruit Bar Fresh Fruit Bar	<b>21</b> <b>United Tastes of America - Soul Food</b> Philly Flatbread Steamed Corn Classic Cheeseburger Spicy Chicken Sandwich French Fries Homemade Cheese Pizza Homemade Pepperoni & Sausage Pizza Crispy Chicken Salad Canned Fruit Bar Fresh Fruit Bar
<b>24</b> <b>HOM - Oregano</b>	<b>25</b> Queso Chicken and Spanish Rice Tortilla, WG flour, 9" / 10" Kentucky Hot Brown Sliders Refried Beans Classic Cheeseburger Crispy Chicken Sandwich Homemade Cheese Pizza Homemade Pepperoni Pizza Chicken Caesar Salad Salsa	<b>26</b> Crispy Chicken Tenders Dinner Roll Kentucky Hot Brown Sliders Mashed Potatoes Classic Cheeseburger Crispy Chicken Sandwich Homemade Cheese Pizza Homemade Sausage Pizza Chicken Caesar Salad Canned Fruit Bar Fresh Fruit Bar	<b>27</b> Pasta w/ Hearty Meat Sauce Garlic Toast Steamed Green Beans Classic Cheeseburger Crispy Chicken Sandwich French Fries Homemade Cheese Pizza Supreme Pizza Chicken Caesar Salad Canned Fruit Bar Fresh Fruit Bar	<b>28</b> Cheesy Italian Flatbread Steamed Corn Classic Cheeseburger Crispy Chicken Sandwich French Fries Homemade Cheese Pizza Homemade Pepperoni & Sausage Pizza Chicken Caesar Salad Canned Fruit Bar Fresh Fruit Bar

### PRICES

Full Price	\$2.95
Reduced Price	\$.40
Adult Price	\$3.50
Extra Milk	\$.50
Extra Entrée	\$2.50

### EXTRA INFO

1% White or Chocolate Milk Offered Daily  
 Fruit & Veggie Bar Offered Daily  
 For questions or comments, contact Ashley Kelso (660)499-2239 ext. 4005  
 or email Ashley.kelso@sherwoodk12.net

### HARVEST OF



### THE MONTH

Menus and nutrition  
our app  
Taher Food4Life®



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