

Wellness Committee

Balance \$1,844.40 5K fundraising

Old projects:

1. August- BCBS health fair
2. September- Girls on the Run
3. October- Room Parent Tea
4. October- Flu shot clinic
5. January- Biggest Loser
6. April- 5K walk

More community/staff/student involvement

7. Healthy Party competitions

New Business:

- 1) Wellness Committee requirements for school policy
 - Add people to our committee
 - more frequent meetings
 - Changes taken to board for approval so will stay
- 2) School wide healthy eating competition
- 3) Healthy cooking class with kitchen staff
- 4) Brain Breaks- Jammin minutes/dance
- 5) Jump Rope for Heart with PTO
- 6) Boys Re-Charge Yes or No

7) Wellness Committee newsletter monthly

Any other business?